

Full Report (All Nutrients) 45109420, MICHELINA'S, SWEET & SOUR CHICKEN WITH WHITE CHICKEN & RICE, UPC: 717854305013

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Report Date: June 19, 2017 16:40 EDT

Information provided by food manufacturers is label data. Manufacturers are responsible for descriptions, nutrient data and ingredient information. USDA calculated values per 100 {0} from values per serving.

Food Group : Branded Food Products Database

Manufacturer Bellisio Foods Inc

Nutrient	Unit	Data points	Std. Error	227.0 g 227g	1 Value Per100 g
Proximates					
Energy	kcal	--	--	329	145
Protein	g	--	--	10.01	4.41
Total lipid (fat)	g	--	--	3.00	1.32
Carbohydrate, by difference	g	--	--	65.99	29.07
Fiber, total dietary	g	--	--	0.9	0.4
Sugars, total	g	--	--	17.00	7.49
Minerals					
Calcium, Ca	mg	--	--	59	26
Iron, Fe	mg	--	--	1.43	0.63
Sodium, Na	mg	--	--	620	273
Vitamins					
Vitamin C, total ascorbic acid	mg	--	--	9.1	4.0
Vitamin A, IU	IU	--	--	1500	661
Lipids					
Fatty acids, total saturated	g	--	--	0.499	0.220
Fatty acids, total trans	g	--	--	0.000	0.000
Cholesterol	mg	--	--	16	7

Amino Acids

Other

Ingredients

COOKED LONG GRAIN RICE, WATER, COOKED WHITE CHICKEN (CHICKEN BREAST WITH RIB MEAT, WATER, SOY PROTEIN ISOLATE, 2% OR LESS OF SALT, SODIUM PHOSPHATE, MODIFIED FOOD STARCH, MALTODEXTRIN AND NATURAL FLAVOR), BROWN SUGAR, BELL PEPPERS, CARROTS, PINEAPPLE, LESS THAN 2% OF RICE WINE VINEGAR (WATER, RICE), SUGAR, CHICKEN BASE (CHICKEN MEAT AND CONCENTRATED CHICKEN STOCK, SALT, CHICKEN FAT, SUGAR, DRIED WHEY, FLAVOR BLEND [AUTOLYZED YEAST EXTRACT, CORN SYRUP SOLIDS, CITRIC

ACID, NATURAL FLAVOR], FLAVORING, EXTRACTIVE OF TURMERIC), SOY SAUCE (WATER, WHEAT, SOYBEANS, SALT, ALCOHOL, VINEGAR AND LACTIC ACID), MODIFIED FOOD STARCH, CANOLA OIL, TOMATO PASTE, GARLIC (WITH WATER AND CITRIC ACID), GRANULATED GARLIC, SALT, CHICKEN BROTH FLAVOR (CHICKEN BROTH, SALT, CHICKEN POWDER AND FLAVORS), EXTRACTIVES OF PAPRIKA AND NATURAL FLAVORS, GINGER. *Date Last Updated by Company: 05/18/2016*